



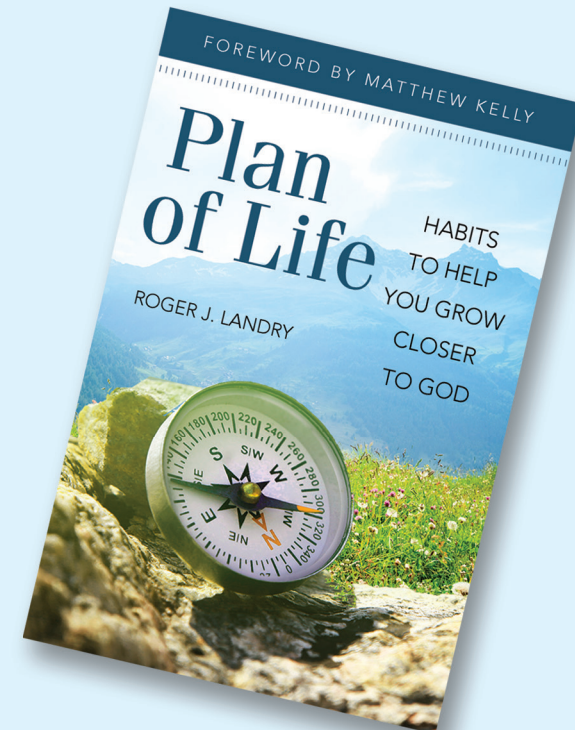
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Meet **Father Roger Landry**
Author of



“A successful spiritual life needs the same discipline that a successful diet or physical training requires. Father Landry’s very helpful book prompts us to develop such a regimen for growth in holiness. It’s hardly a ‘self-help’ book, but a ‘soul-help’ one, reminding us on each page that the *real help* comes only from the Lord.”

— Timothy Michael Cardinal Dolan, Archbishop of New York

“From routine tasks to complex projects and special events, if we are going to be successful, we need to have a plan. Father Landry provides us a practical, accessible, and very helpful means of developing a plan for living our faith and growing in holiness.”

— Séan Cardinal O’Malley, OFM, Cap., Archbishop of Boston

“Many of us try to squeeze God into our crowded life rather than seek to center our life around God. Father Landry not only shows us the path to unite our life to God but accompanies us step by step in that transformation. This book will change you and may be just what you need to find the life you’ve always wanted and that God has wanted for you.”

— Archbishop Bernardito C. Auza, Apostolic Nuncio, Permanent Representative of the Holy See to the United Nations

“I have twice been on pilgrimages to Rome with Father Landry and experienced, with other journalists, his opening up of the great treasures of faith there. So it is no surprise to see him offer here a brilliant little treasure chest of spiritual practices. Most people have a desire to grow closer to God but don’t know how. Herein lies a map.

— Peggy Noonan, Pulitzer Prize-winning columnist,
Wall Street Journal

Plan of Life: Habits to Help You Grow Closer to God

This book is a practical approach to re-setting your life following God’s Word and the teachings of the Catholic Church. Learn how people form habits, and how you can form *holy* habits, habits that will bring you closer to Jesus. It represents a “treasure chest” of practices to help you grow happier, holier, and closer to God every day.

Father Roger J. Landry is a priest of the Diocese of Fall River, Massachusetts, who works for the Holy See’s Permanent Observer Mission to the United Nations. He writes for many Catholic publications and is a popular retreat preacher. He appears often on various Catholic radio programs, and is national chaplain for Catholic Voices USA.

Fun Facts about Father Landry

- He is an identical twin
- Trained as a biologist and was planning to become a medical doctor if God didn’t call him to the priesthood.
- First began thinking about the priesthood at 4, blown away by the Real Presence of Jesus in the Eucharist
- Played tennis for Harvard
- Speaks six languages, all with a beautiful New England accent
- Named a Missionary of Mercy by Pope Francis (one of 1142 in the world)
- Loves playing the piano and organ and used to play the clarinet in youth orchestras
- Was an on-site commentator for EWTN’s Conclave Crew for Pope Francis’ election
- Once memorized 750 pages word for word in a day and freaked out his high school history teacher